

SAHELI



WOMEN'S CELL

GARHBETA COLLEGE

(Affiliated to Vidyasagar University)

(Accredited by NAAC)

P.O.: GARHBETA ★ DIST.: PASCHIM MEDINIPUR (W.B.)

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Report of Celebration of International Women's Day by Women's Cell of Garhbeta College during 3rd March- 7th March, 2020:

A five-day long programme had been organised by *Saheli*, the Women's Cell of Garhbeta College from March 3- March 7, 2020.

March 3, 2020:

The five-day long programme was inaugurated by a walkathon organised by the Women's Cell of Garhbeta College on March 3, 2020. The Walk began at around 11.30 am. Along with the Principal and the teaching and non-teaching staff of the College, there was also a huge spontaneous turnout of both male and female students. The enthusiasm shown by the students was almost contagious.

March 4, 2020:

The second day of this 5-day long programme was inaugurated by a speech delivered by the Principal in which he emphatically mentioned that the celebration of Women's Day should not be confined to one particular day. Every day of the year should be celebrated as a day for women. On this day, a cultural event had been organised by the Women's Cell. There were performances by both the male and female students and teachers of the College. There was a well-rounded representation of all groups of students, from the minority sections to those of the scheduled castes and tribes.

March 5, 2020

On the third day, a two-day long workshop-cum-Seminar on '*Women's Health and Self-defence Training*' began. On the first day of this Workshop-cum-Seminar, a hands-on yoga training programme was conducted by Mrs. Anita Bhadra. She also talked of the need for women's health awareness.

March 6, 2020:

On the second day of the two-day long workshop-cum-Seminar on '*Women's Health and Self-defence Training*', a self-defence training programme was conducted by Dr. Pokhraj Guha, Assistant Professor, Department of Zoology, Garhbeta College. At the end of this Workshop-cum-Seminar, a quiz on women's safety and security and gender sensitisation was conducted in which both students and teachers participated.

March 7, 2020:

On the closing day of the five-day long programme, a street play was enacted based on the theme of '*The ills of early marriage*'. A dance drama was performed then, whose title was '*Breaking the Silence*'. A closing speech was delivered by Dr. Rita Sil, Convenor of *Saheli*. She mentioned that Social activist and writer Dr. Saswati Ghosh, HOD & Associate Professor, Department of Economics, City College, has been invited to speak on the history & significance of 8th March.

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